



# PRAYER GUIDE



# A LETTER FROM THE PASTORS



Dear church,

We would love to thank you and encourage you in your commitment to prayer. 1 Thessalonians 5:16-18 says: "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you". During this time of uncertainty and global emergency, prayer should not be our last response, but our first response. By setting up this prayer chain, we are not only trusting that God would move in our world, country, city, neighbourhood and our homes, but that a revelation and a fire for prayer would begin in our hearts.

The basis of all our ministries – and our vision of Higher Ground for the year – should be on prayer. Not only does prayer move the hand of God, but it also directs us in the way to go as we live out our call to BE the church. 1 John 5:14, says: "This is this confidence we have in approaching God: that if we ask anything according to his will, he hears us.". It is with the confidence that we are asking you to pray. We are praying that your hour of prayer would be fruitful, energetic, courageous, bold and full of faith. The best thing that we can all do in this time is hold on to the word of God and be faithful!

We will leave you with this verse: Romans 12:12 "Be joyful in hope, patient in affliction, faithful in prayer."

Yours in prayer, Dino and Kelly

Changed Lives. Changing Lives

# **PRAYER STRATEGY**



### 1. PRAY AGAINST ILLNESS

We are trusting that God would bring a miracle of healing to our world, our nation and all of our people.

We will trust that God will move miraculously, lead doctors with wisdom beyond human knowledge and that God would bring a cure. God would give SPECIAL grace and favour to Africa.

But I will restore you to health and heal your wounds,' declares the LORD.

JEREMIAH 30:17

Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed.

ISAIAH 53:4-5

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. Now my eyes will be open and my ears attentive to the prayers offered in this place.

2 CHRONICLES 7:14-15

# 2. PRAY FOR SALVATIONS

We are trusting that in this time more and more people would be open to finding Jesus.

Pray that God would use online church to reach people who would never usually step into a church building receive the Good News.

Pray that as a church we could get people connected – even though we are far away.

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

JOHN 3:16

When the disciples heard this, they were greatly astonished and asked, "Who then can be saved?" Jesus looked at them and said, "With man this is impossible, but with God all things are possible."

MATTHEW 19:25-26

For I am convinced that neither death nor life, neither angels nor demons, [a] neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

| ROMANS 8:38-39

The Spirit and the bride say, "Come!" And let the one who hears say, "Come!" Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life.

REVELATION 22:17

# 3. PRAY FOR PEACE & MENTAL HEALTH

Let's pray that while people are isolated, the enemy would not overwhelm them with fear and loneliness.

Let us pray for healing for those with depression, anxiety and mental illness – especially against suicide or thoughts of suicide.

Let us pray that people are able to feel loved and connected with the Church and God's people.

Let's pray that people will not be led by fear and panic.

Pray that our entire nation would have peace and be in unity in this difficult time.

He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away.

**REVELATION 21:4** 

Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid.

JOHN 14:27

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

#### **2 TIMOTHY 1:7**



**PSALM 94:19** 

But now, this is what the Lord says...Fear not, for I have redeemed you; I have summoned you by name; you are mine.

ISAIAH 43:1

An anxious heart weighs a man down, but a kind word cheers him up.

PROVERBS 12:25

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

**PSALM 23:4** 

Have I not commanded you? **Be strong and courageous**. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.

JOSHUA 1:9

# 4. PRAY FOR OUR NATION

God has a plan for South Africa!

Let's pray that our country will see Jesus like never before

Pray for Christian leaders to stand up and stand out

Pray for our president, that God would give him wisdom and strength. That God would protect Him and lead him and he leads South Africa.

Pray for peace and unity.

Pray for uncommon favour and grace by having low infections and great bounce back in our economy



I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people- for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.



#### 1 TIMOTHY 2:1-2

Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God.

#### ROMANS 13:1

Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the LORD for it, because if it prospers, you too will prosper.

### JEREMIAH 29:7

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

#### 2 CHRONICLES 7:14

For lack of guidance a nation falls, but victory is won through many advisers.

PROVERBS 11:14

#### 5. PRAY FOR FAMILIES

God builds His church and strong nations on strong families. Let's pray for our families to be strong in this time.

Pray for families with financial burdens, that God would provide.

Pray for families with relational strife. That God would repair struggling marriages and familial relationships.

Pray that parents would be able to disciple their children.

Pray for peace in the family.

Pray that God would give parents a Godly vision for their family so that they could lead their families in this time.

Honour your father and your mother, that your days may be long in the land that the Lord your God is giving you.

#### **EXODUS 20:12**

Bear with one another and, if one has a complaint against another, forgive each other; as the Lord has forgiven you, so you also must forgive.

COLOSSIANS 3:13

How good and pleasant it is when God's people live together in unity!

**PSALM 133:1** 

Behold, children are a heritage from the Lord, the fruit of the womb a reward. Like arrows in the hand of a warrior are the children of one's youth. Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.

**PSALM 127:3-5** 

God is our refuge and strength, a helper who is always found in times of trouble.

**PSALM 46:1** 

Therefore what God has joined together, let no one separate.

MARK 10:9

# 6. PRAY FOR FRONTLINE WORKERS



Many essential workers are risking their health daily to serve us in this time. Let's pray that God would protect them and keep them healthy. Let's pray that God would bless the lives and families of essential workers.

Pray for strength, hope, peace and courage for essential workers

Let's pray for Christian essential workers to have a greater platform to share the gospel.

But the Lord is faithful, and he will strengthen you and protect you from the evil one

#### 2 THESSALONIANS 3:3

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.

#### **DEUTERONOMY 31:6**

Discretion will protect you, and understanding will guard you.

PROVERBS 2:11

But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you.

**PSALM 5:11** 

# 7. PRAY FOR SUNDAY ONLINE SERVICES



1. Pray that people quickly turn their attention to the Lord.

Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name. For the LORD is good; His mercy is everlasting, and His truth endures to all generations.

PSALM 100:4-6

2. Pray that every tormenting spirit (spirits of shame, condemnation, fear, rejection) would be bound.

Then Saul sent word to Jesse, saying, "Allow David to remain in my service, for I am pleased with him." Whenever the spirit from God came upon Saul, David would take his harp and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.

1 SAMUEL 16:22-23

3. Pray that the Lord would take the place of honour. Pray that the people start to connect with God. As we draw near to Him, He draws near to us.

But You are holy, enthroned in the praises of Israel.

PSALMS 22:1

4. Pray that people are experiencing the presence of God and their eyes are being opened.

[I make] mention of you in my prayers: that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened.

EPHESIANS 1:17-18

Until I went into the sanctuary of God; then I understood.

**PSALMS 73:17** 

And when He [the Holy Spirit] comes, He will convict the world of guilt in regard to sin, and righteousness, and judgment.

JOHN 16:8

No one can say that Jesus is Lord except by the Holy Spirit.

1 CORINTHIANS 12:3

5. This is the key moment...when our worship experience begins to parallel heaven. Pray that the people begin to lose themselves in the Lord as they focus on His attributes.

Then I looked, and I heard the voice of many angels around the throne, the living creatures, and the elders; and the number of them was ten thousand times ten thousand, and thousands of thousands, saying with a loud voice: "Worthy is the Lamb who was slain To receive power and riches and wisdom, And strength and honour and glory and blessing!"

And every creature which is in heaven and on the earth and under the earth and such as are in the sea, and all that are in them, I heard saying: "Blessing and honour and glory and power Be to Him who sits on the throne, And to the Lamb, forever and ever!" Then the four living creatures said, "Amen!" And the twenty-four elders fell down and worshiped Him who lives forever and ever.

REVELATION 5:11-14

6. Pray for the moment where people encounter the living God.

Blessed are the pure in heart, for they shall see God.

MATTHEW 5:8

7. Pray that God will crown them with salvation and that Ps Dino & Ps Kelly can walk out with a sickle in hand and harvest hundreds of souls! For the LORD takes delight in His people; He crowns the humble with salvation.

**PSALMS 149:4** 



Prayer is most effective when it is not something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 THESSALONIANS 5:16-18



